

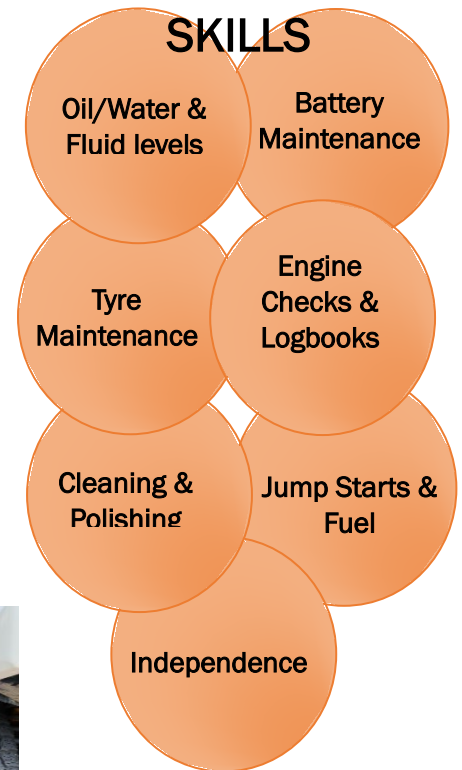


SOCIAL KIN CLUB



Taking care of a car with KIN club

The KIN Car Care program is a practical 5-week automotive skills-based training program that is designed to cover all the basics for people of any age. This program is aimed at working towards independence, building capacity, providing an opportunity to make friends and increase everyday life skills. The focus is on those who have a car, or those who maybe considering getting a car. Participants will learn about how cars work, putting fuel in the vehicle, how to carry out simple maintenance tasks to reduce trips to the mechanic, confidently discuss service and repair requirements, change a tyre and jump start a car when required. Participants are invited to bring along their own car and will be provided with an opportunity to practice on their own car.



Why is car care important?

A car can be like a family member for those who love cars. Sometimes people either use their family car that may have been passed down or save up hard to buy one for themselves. Either way, the car is special to them and taking care of that car becomes essential, especially if it is to keep running without any performance hiccups. Having a reliable car is a necessity for some people to get out into the community, to see friends, attend job interviews, work, or to visit the shops to buy groceries and personal items.

To have a reliable car, it's important to carry out regular maintenance. This program introduces basic car maintenance tips for beginners, even if the participant doesn't have their own car, this program can empower an individual to gain an understanding of essential car care, learn the technical jargon used in the industry and meet like-minded people.

* Note: 8 participants



Celebrate

Participants graduate in the last week of the program as a group. We spend some time in the KIN Club learning how to care for our own bodies then we head out to celebrate with a fun Go Karting session.

What you need to bring

Participants must be prepared for some hands-on activities, therefore correct personal protective equipment must be worn.

- Enclosed Shoes (Joggers or work boots)
- Jeans, trousers, or tough knee length shorts
- Comfortable shirt, no singlets or loose hanging embellishments or decorative drapes.

Specific PPE will be provided to participants if required.

COSTS and NDIS Funding

This will be dependent on the Participants NDIS Plan and Personal goals and the strategies in place to reach these goals. Goals will fit into a funding bucket and your Plan Manager or Support Coordinator will be able to assist you in deciding which bucket but if you need some guidance then the information below may help.

The Y.E.S Emotional Social Learning Program is designed around the following criteria and can be funded several ways, CORE as it is about.

- the importance of community engagement, social contribution, and relationships in maintaining personal wellbeing, self-awareness, and self-care, gaining awareness of personal interests, adaptive social competency including increased awareness of social norms and expectations.

Provision of supports to enable the Participant to engage in community/social & or recreational activities within the community.

Support Item Ref No. 04_104_0125_6_1 or 04_114_0136_6_1

AND/OR

Capacity building as it helps participants to accept the relationship with their disability, independence, confidence, self-worth and to seek assistance in the community context without ongoing formalised supports.

Establishing assistance within the participant's community to develop skills like taking part in social activities and maintaining contact with others.

Life transition planning including mentoring peer support & individual skill development.

Support Item Ref No. 09_006_0106_6_3

And lastly most participants have access to Innovative Community Participation.

Support Item Ref No. is 09_008_0116_6_3

and the NDIA categorises it under Capacity Building: Increased Social and Community Participation.



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