

Ana



Ana is a provisional psychologist, an associate member of the Australian Psychological society (APS) and a clinical member of Psychotherapy and counselling federation of Australia (PACFA).

Ana trained as a psychologist in Columbia and is currently pursuing her general registration as a psychologist in Australia.

Ana works within a trauma informed practice and uses Eye Movement Desensitisation and Reprocessing (EMDR) therapy with her clients.

She has more than a decade of experience working with children and young people who have suffered from trauma and abuse and have been placed in out of home care.

Ana has also worked with adults' victims of family violence. She provides a warm and welcoming environment for her clients ensuring that they are provided with genuine care and support to overcome and process their traumatic experiences.

Ana loves spending time with her family including her two energetic toddlers, and her friends. She also loves trying new food recipes.