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## **About**Our Company

At SABCARE, our commitment to capacity building is deeply rooted in a person-centred approach, recognising the unique strengths and aspirations of each individual. Our programs go beyond conventional learning, focusing on personalised development plans that align with the specific needs and goals of participants. Through a person-centred lens, we empower individuals not only with practical skills but also with the confidence to navigate life's challenges. Led by experienced professionals, capacity-building initiatives prioritise the holistic well-being of participants, fostering emotional resilience and self-discovery. Connect with us



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SABCARE PTY LTD is not just a service provider, we are your partner on the journey to independence and well-being. For more information or to discuss how we can tailor our services to your unique needs.

#### Let's Connect

**Phone** 0450 758 856

Website

www.sabcare.com.au

**Email** 

info@sabcare.com.au

www.sabcar.com.au

### DISABILITY SERVICES





#### **OUR SERVICES**

#### In-home Care

Personalised Care Plans Assistance with Daily Living Medication Management Companionship Nutritious Meal Preparation Transportation Support

#### **Capacity Building**

Development of Life Skills
Assistance with Personal Care
Mobility Support
Medication Management Support
Communication Support
Adaptive Equipment Guidance
Health and Self-Care
Daily Living Skills
Social and Communication Skills
Assistance with Life Stage Transition
Set housing goals
Acquiring household items

#### **Community Participation**

Group and Centre-based Activities
Sports activities
Arts and craft
Music class
Cooking class
Attend a movie or a concert
Partake in a social group
Participate in community events
Join a social group or a clubV
Attend social/community events
Learn to catch public transport

#### **Accommodation**

Short Term Accommodation Supported Independent Living (SIL)



BUILDING BRDIGES
TO YOUR
INDEPENDENCE

#### **Our Mission**

Our mission is to change your life for the better and help you to remain independent so that you can live a positive, happy, fulfilling life on your terms. We provide a safe, inclusive, diverse environment so that you feel comfortable to be your authentic self and go after your dreams.

#### HOW WE AIM TO HELP YOU



Through listening, understanding and working with you to develop your skills, we aim to empower you to make your own decisions, overcome life's challenges and achieve your goals. We want you to get the most out of your care plan.

We work with you to understand the areas you want to improve, skills you want to learn and goals you have. From there we map out how we will help you to achieve those goals so that you have full transparency on how we are going to support you.

