











Quarterly Activity Calendar Jan - March 2025

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	Saturday.	Sunday.
Morning 08:00 -10:00	Fit-Health 	Get Social 	Fit-Health 	Wellness Warriors 	Sydney Siders Community Outings 	Weekend Outings 9:00 am To 3:00pm	Weekend Outings 9:00 am To 3:00pm
10:00 -12:00	Living Skills 	Living Skills 	Living Skills 	Living Skills 			
Break							
Afternoon 12:30 -4:30	Work Skills 	Wellness Warriors 	Get Social 	Work Skills 	Sydney Siders Community Outings 		
Break							

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<p>Evening 5:00 – 7:00pm</p> <p>7:00 - 8:00pm</p>	<p>Living Skills</p>  <p>Get Social</p> 	<p>Living Skills</p>  <p>Get Social</p> 	<p>Living Skills</p>  <p>Get Social</p> 	<p>Living Skills</p>  <p>Get Social</p> 	<p>Community Outings</p>  <p>Get Social</p> 		
<p>Special Events</p>	<p>Dates TBC</p> <ul style="list-style-type: none"> • Culture walking Tour Parramatta • Australia Day BBQ • Sydney siders 						
<p>News / info</p>	<p>www.meetup.com</p> <ul style="list-style-type: none"> • Monday, 27 January: Australia Day public holiday • \$5 daily contribution required 						