

OCCUPATIONAL THERAPY and the NDIS

An Occupational Therapist can be an essential member in your care team. Occupational Therapy enables you to participate in activities or tasks that are important to you such as:

- Self-care tasks
- Home duties
- School/study
- Employment
- Volunteering
- Shopping
- Driving
- Hobbies & interests
- Social events

Your Occupational Therapist will do a functional assessment to help you set clear and realistic strategies to achieve your goals.

Book your appointment now at:
WWW.VIVIR.COM.AU/NDIS-DISABILITY-SERVICES

What will they do for me?

Occupational therapy pulls together a range of strategies to help you engage in activities meaningful to you. These might include:



TASK ASSESSMENT

Looking at the tasks required in your chosen activity and implementing strategies to improve your level of independence with the task



EQUIPMENT PRESCRIPTION

Looking at equipment which may help to achieve your goals such as powered wheelchairs, specialized seating, beds, mobility aids and more!



ENVIRONMENT ADAPTATIONS

Assessing the environment you are in and implementing environmental adaptations such as a stepless shower, grab rails or safety support.



SENSORY PROFILING

Sensory profiling to understand your sensory processing patterns and their effect on meaningful tasks



SCHOOL & EMPLOYMENT

School or employment facilitation and intervention to assist with job seeking or improve engagement



VEHICLE MODIFICATIONS

Driving training support to assist with gaining a licence or modifying a vehicle to improve levels of independence



DAILY LIVING SUPPORT

Daily living support and education for you and your support network such as safe manual handling techniques, task set up, fall prevention etc



ADVOCACY & SUPPORT

Advocacy to ensure you and your social network receive all the supports required so you can engage in all your meaningful activities. weight loss and decreased appetite