



## NDIS



As a registered NDIS provider, including Early Intervention (ID 4-3LLO-66), we deliver expert assessment and therapy services focused on building long-term capacity, independence, and participation for people of all ages.

## Residential Age Care



We provide tailored, evidence-based allied health services to maximise safety, function, and quality of life for residents. Our transparent and compliant approach has made us a trusted partner to aged care providers across Sydney.

## Home Care Packages



Our personalised home care services support individuals to live safely and comfortably at home. From occasional support to complex long-term care, we deliver flexible, high-quality allied health services suited to your needs.

## Rehab in the Home



As a leading provider of Hospital Substitute Therapy for HCF members, we deliver in-home rehabilitation following hip and knee surgery. Our 6-week program begins within 5 days of discharge and is available across Metro Sydney, delivering hospital-quality care in the comfort of your home.



# OUR HIGHLY SKILLED TEAM OF ALLIED HEALTH PROFESSIONALS INCLUDE

**Occupational Therapy**



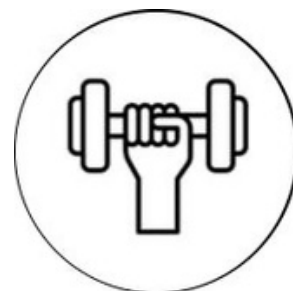
**Physiotherapy**



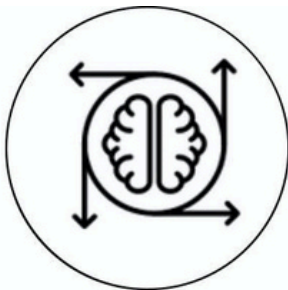
**Podiatry**



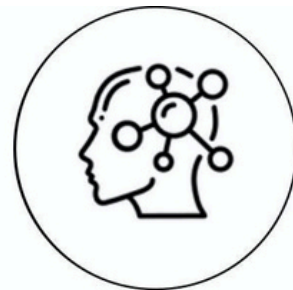
**Exercise Physiologist**



**Behavioural Therapist**



**Psychology**



Scan to connect





Our physiotherapists and exercise physiologists work with people of all ages and conditions to address individual goals.

Our highly skilled team of physiotherapists and exercise physiologists specialise in:

- Aged care
- Disability care
- Cardiopulmonary care
- Neurological rehabilitation
- Musculoskeletal rehabilitation
- Orthopaedic rehabilitation
- Acute post-operative rehabilitation



**Ron**  
Clinical Director  
Physiotherapist, Occupational Therapist

Ron has a comprehensive understanding of building and developing allied health programs across aged care and disability. These programs are responsible for delivering evidence-based treatments in accordance with funding bodies whilst satisfying accreditation standards.



**Tamana**  
Team Leader  
Senior Physiotherapist

Tamana has extensive experience in various fields of physiotherapy. Tamana has worked with children under NDIS as well as private practice clients for musculoskeletal and acute injuries. Currently she is working with geriatric patients in the aged care sector and providing cardio respiratory physiotherapy in major hospitals.



**Norman**  
Team Leader  
Senior Physiotherapist

Norman has experience in a variety of physiotherapy fields including aged care, acute orthopaedics, general/orthopaedic/neuro rehab, musculoskeletal physiotherapy, as well as cardiopulmonary and post-surgical care.



**Ben**  
Senior Physiotherapist

Ben is a dedicated physiotherapist working in the community sector, focusing on orthopaedic and disability rehabilitation. Ben is experienced in aged care, post-operative orthopaedic rehab and working with people living with various chronic backgrounds including neurological and musculoskeletal conditions.



**Ajith**  
Physiotherapist

Ajith is a highly dedicated professional. With unwavering commitment, he consistently exceeds expectations in his role, demonstrating a remarkable passion and level of professionalism. Ajith's commitment to delivering top-notch care has garnered widespread praise, earning him positive feedback from both clients and colleagues alike.



**Dylan**  
Exercise Physiologist

Dylan is an accredited exercise physiologist with experience working in a variety of fields. He has developed a broad range of skills which enable him to deliver a tailor-made strategy to participants to ensure the best possible outcomes from his services.



Our occupational therapists are experts in helping people live safely and independently.

Our highly skilled team of Occupational Therapist specialise in:

- Equipment Trial and Prescription
- Complex Home Modifications
- Upper Limb Assessment and Intervention
- ADL Assessments
- Social and self-care skills for children
- Self-care assessments (showering/toileting/dressing/eating)
- Domestic care assessments (cooking/cleaning/laundry)
- Emotion and sensory regulation



**Alison**  
Principal Occupational Therapist

Alison brings a wealth of experience to her role, having graduated over 15 years ago in the UK with a Bachelor of Science Honours degree in Occupational Therapy. Her professional journey has been marked by a commitment to mental health, having worked in diverse inpatient and community settings with individuals spanning the lifespan, both in Australia and the UK. Operating from a Recovery and Trauma Informed approach, Alison is dedicated to assisting clients in achieving their goals.



**Saoirse**  
Occupational Therapist

Saoirse brings a strong foundation in Occupational Therapy, having earned a Bachelor's degree from the University of Galway. With experience across mental health, physical disabilities, and paediatrics, Saoirse is passionate about delivering holistic, client-centred care. Committed to empowering individuals, she strives to support clients in achieving their goals and enhancing their overall well-being.



**Kedan**  
Occupational Therapist

Kedan is a passionate and caring occupational therapist. Graduating from the University of Sydney in 2023 with a bachelor's degree in occupational therapy, Kedan's previous role as an allied health assistant has enhanced skills in working with children, people with traumatic brain injury, and mental health conditions. Kedan is fluent in English, Mandarin, and Cantonese, and has a strong passion for working with clients to help them achieve their goals.



**Anthony**  
Occupational Therapist

Anthony brings over five years of leadership experience within the NDIS community, specializing in Aged Care, Paediatrics, and Stroke Rehabilitation. Skilled in functional assessments and assistive technology, he takes a client-centred approach to care, working closely with individuals to set goals, modify environments, and develop personalized interventions. Committed to enhancing independence and quality of life, Anthony strives to empower clients through tailored support and innovative solutions.



**Jonah**  
Occupational Therapist

Jonah graduated with a Bachelor's Degree of Occupational Therapy at Australian Catholic University in 2025. Jonah has had previous experience as an allied health assistant within the areas of mental health, vocational rehabilitation, paediatrics and inpatient hospital settings. Jonah is passionate and enthusiastic about helping improve people's quality of life, regain the ability to perform meaningful activities and be active members of the community.



**Julie**  
Mental Health Endorsed Occupational Therapist

Julie is a Mental Health Endorsed Occupational Therapist with over 20 years' experience working across mental health, paediatrics, aged care, disability and community settings. She brings a deep understanding of the complex interplay between mental health, dementia, physical health, pain and trauma in older adults, and is passionate about improving quality of life and emotional wellbeing. Julie is deeply committed to reflective practice, ongoing learning and mentoring others, and is motivated by work that aligns clinical excellence with humanity, creativity and genuine connection.



**Amanda**  
Occupational Therapist

Amanda is an experienced occupational therapist. She excels in NDIS and community settings, with a focus on early intervention, comprehensive assessments, assistive technology, and sensory integration techniques. Amanda's dedication and expertise consistently contribute to enhancing lives.



Our Psychology and Behaviour Therapy services focus on providing people with disability and their families the tools they need to help people live their best life. Our clinicians will work with you to implement and promote positive behaviour change.

We work within a multidisciplinary framework to provide behavioural therapy in residential, educational and vocational settings. This assists people with behavioural challenges to meet their needs effectively.

Our highly skilled team of behavioural therapists specialise in:

- Early intervention
- Getting children school ready
- Parent training services
- Functional Behavioural Assessments
- Behavioural Support Plans
- Applied Behaviour Analysis (ABA)
- Positive Behaviour Supports (PBS)
- Aged Care



**Ade**

Senior Psychologist & Behavioural Support Practitioner

Ade is a dedicated Behaviour Support Practitioner with 2 years of experience in supporting individuals with complex behavioural needs. Passionate about promoting positive behavioural change, she specializes in developing personalized behaviour support plans to enhance the well-being and independence of clients. Ade works closely with individuals, families, and support teams to implement evidence-based strategies that improve quality of life while reducing restrictive practices.



**Chinelo**

Psychologist & Behavioural Support Practitioner

Chinelo is a clinical psychology registrar with 10 years of experience supporting individuals with disabilities and other mental health concerns. As a qualified Behaviour Support Practitioner, Chinelo is experienced in working within the NDIS framework to develop and implement positive behaviour support plans. These plans aim to improve quality of life, promote independence, and support the goals of her clients. Chinelo is passionate about empowering individuals to achieve their goals and live fulfilling lives.



Our podiatrists are experts in the care of your feet, ankles and lower legs – providing treatments for conditions arising from growth, ageing, disability or injury.

Throughout all treatments we use high quality, sterilised equipment.

Our highly skilled team of podiatrists specialise in

- Clinical podiatry
- Diabetic foot assessment and treatment
- Aged care podiatry service
- Gait and biomechanics analysis
- Custom foot orthotics
- Medical grade footwear
- Neurovascular assessments
- Wound review and management
- Ingrown toenails
- Dermatology



**Wei**  
Principle Podiatrist

Wei graduated from Western Sydney University with a Bachelor of Health Science and Master of Podiatric Medicine. She likes to work in all aspects of podiatry in terms of general foot care, diabetic podiatry, biomechanics, orthotic therapy, sports podiatry, footwear, paediatric podiatry, and nail surgery.



**Kirk**  
Senior Podiatrist

Kirk has a Bachelor of Health Science and Master of Podiatric Medicine from Western Sydney University. He has five years of podiatry experience, working across aged care facilities and medical centres. These experiences make him an expert in aged care by providing evidence-based treatments in accordance with funding bodies whilst satisfying accreditation standards.



**Ryan**  
Podiatrist

Ryan has a Bachelor of Health Science (First Class Honours) and Master of Podiatric Medicine. He also graduated with distinctions in a Master of Public Health, following his interest in protecting and improving population health. Over his six years of clinical experience, Ryan has come to specialise in the conservative treatment of ingrown toenails.



**Zacharia**  
Podiatrist

Zach graduated with a Bachelors of Podiatric Medicine from Western Sydney University. He possesses an extensive professional background in podiatry in various domains, including specialised care for the elderly, community services and home care, as well as clinical practice.



Golden Age is a leading provider of allied health care services, catering to Metropolitan Sydney, Brisbane, and Moreton Bay. Our multidisciplinary team specializes in aged care, home care, rehabilitation, and disability services, including support for the NDIS.

Our outreach programs focus on promoting independence, enhancing mobility, and improving overall well-being for diverse populations such as the elderly, individuals with disabilities, children, and post-operative clients.

Our team comprises highly skilled professionals, including physiotherapists, occupational therapists, podiatrists, behavioural therapists, psychologists, and exercise physiologists.

Golden Age delivers a comprehensive service and a dedicated support team that ensures prompt issue resolution. We prioritise transparency and timeliness, delivering services in the client's preferred location to better understand their unique needs and environment.

As a trusted partner for numerous aged care providers and coordinators in Sydney and Brisbane, we are committed to providing top-notch, client-centered care to enhance the quality of life for those we serve.

## Contact Details

### SYDNEY

Level 2, 223 Liverpool St, (2010  
02) 8355 1616

### MELBOURNE

Level 7, 180 Flinders St, 3000  
(03) 7020 9144

Email:

[NDIS@GoldenAge.com.au](mailto:NDIS@GoldenAge.com.au)

## Our locations

We provide outreach services throughout Metro Sydney and Brisbane, including:

### SYDNEY

- Western Suburbs
- Hills District
- South-West Sydney
- Eastern Suburbs
- Upper and Lower North Shore