



YOUR GUIDE TO **Understanding the NDIS and SafeLane Healthcare in Melbourne**

The National Disability Insurance Scheme (NDIS) is a government initiative providing funding and support to Australians who have permanent and significant disabilities, empowering them to achieve their goals and independence. This guide focuses on navigating the NDIS in Melbourne, where SafeLane Healthcare offers comprehensive support services.

Understanding the NDIS

What is the NDIS and Who is Eligible?

The NDIS provides assistance to Australians with permanent disabilities, to build their capacity by providing therapeutic supports, assistance with daily activities and community access and assistive technology where required. Administered by the National Disability Insurance Agency (NDIA), eligibility requires meeting certain criteria:



Eligibility also considers the need for support from others or specialized equipment due to the disability.

Step-by-Step Guide to Applying for the NDIS in Melbourne

Applying for the NDIS involves these key steps:

- **Check Eligibility:** Use the NDIS eligibility checklist or consult a Local Area Coordinator (LAC). SafeLane Healthcare can also provide guidance.
- **Submit an Application:** Apply via email, phone, or mail. Contact the NDIS directly by phone if needed.
- **Provide Pre-planning Documentation:** Include medical reports or a letter from a medical practitioner detailing the impact of the disability. Additional documents could be from other relevant mainstream services. SafeLane Healthcare can assist with understanding documentation requirements.
- **Planning Meeting:** If your application is approved, you'll have a meeting with an NDIS planner or LAC to create a personalized plan based on your goals and needs. Bring all relevant supporting documentation to this meeting.

Understanding Your NDIS Plan and Funding Options

An NDIS plan is a personalized document outlining the supports and services you'll receive, based on your goals and needs. Key components include:



Goals:

Your objectives achievable with NDIS funding.



Supports:

Services and interventions to help you meet your goals.



Funding:

The allocated financial resources for supports.

Funding is typically categorized into Core Supports, Capacity Building Supports, and Capital Supports.

Managing Your NDIS Funds: What You Need to Know

Participants have several options for managing their NDIS funds:

- **NDIA Managed:** The NDIA pays the service providers directly.
- **Plan Managed:** A third-party Plan Manager handles the funds and pays providers.
- **Self-Managed:** Participants manage their budget, and pay providers directly.



SafeLane Healthcare offers services under all these management arrangements.

Frequently Asked Questions About the NDIS

Potential NDIS participants often have similar questions as they begin to navigate the scheme:



➤ **Am I eligible for the NDIS?**

Eligibility depends on age (under 65 when applying), residency (Australian citizen, permanent resident, or specific visa holder), and having a permanent disability that significantly impacts daily life and requires support.

➤ **How do I apply for the NDIS?**

The application process involves checking eligibility, submitting an application with supporting documentation, and attending a planning meeting if approved.

➤ **What information should I provide in my NDIS application?**

You should provide comprehensive evidence of your disability and how it impacts your daily life, including medical reports.

➤ **What happens if my NDIS application is declined?**

If your application is declined, you have the option to request a review of the decision.

➤ **What is an NDIS plan?**

An NDIS plan is a personalized document outlining your goals and the funded supports you will receive to help you achieve them.

➤ **Can I choose my NDIS providers?**

Yes, you have the autonomy to choose your own NDIS providers. You can reach out to your LAC/ Planner or Support Coordinator if assistance is required to choose a NDIS provider. SafeLane Healthcare is a registered NDIS provider.

➤ **What can I use my NDIS funding for?**

NDIS funding covers a wide range of supports and services related to your disability, such as personal care, therapy, community participation, and assistive technology.

➤ **Does the NDIS fund assistive technology?**

Yes, with supportive documentation from your medical professionals or allied health therapist, the NDIS can fund assistive technology that helps you live more independently and achieve your goal.

➤ **Can the NDIS help with transport?**

The NDIS may provide funding for transport assistance if your disability prevents you from accessing public transport.

➤ **What is Support Coordination?**

Support Coordination is an NDIS-funded support that builds your capacity to understand and implement your NDIS plan and connect with service providers. SafeLane Healthcare offers Support Coordination services and Specialist Support Coordination.



Discover SafeLane Healthcare - Your Trusted NDIS Partner

SafeLane Healthcare is a registered NDIS provider in Melbourne, Victoria, known for high-quality support services. Our goal is to help participants achieve their aspirations through compassionate home and care support. We empower participants by offering personalized support plans tailored to their needs with swift and responsive care.

We are committed to person-centered care enabling individuals to live independently with the support from a team of experienced professionals.

SafeLane Healthcare offers a wide range of NDIS services in Melbourne:

01

Core Supports

- Assistance with Daily Life (standard/high intensity).
- Assistance with social, economic and community participation.
- Assistance with Household task.
- Transport.

02

Capacity Building Supports

- CB Increased social and community participation.
- CB Support Coordination and Specialist Support Coordination.

03

Capital Supports:

Assistive Technology and Equipment.

04

Accommodation and Respite

- Assistance in Shared Living Arrangement/SIL.
- Short Term Accommodation (STA)/respite.
- Medium Term Accommodation (MTA).
- Onsite Shared Supports in SDA.

05

Nursing Care:


Community and home nursing care.




Getting Started with SafeLane Healthcare

Accessing SafeLane Healthcare's support services involves a simple five-step process:


1

**Inquiry Process:** Contact us at 13 0010 9333 or info@safelane.com.au


2

**Introduction and Consultation:** Discuss your needs and goals with a SafeLane representative.


3

**Personalized Plan Development:** SafeLane creates a customized support plan for you.

4

**Service Commencement:** Receive the necessary support services.

5

**Goal Achievement:** Achieve your goals with SafeLane's continued support.



Contact SafeLane Healthcare to learn more:



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