

# POSITIVE BEHAVIOUR SUPPORT



Everyday Independence is all about positive change that enables children, teenagers, and adults living with disability to live full and happy lives. Starting with the belief that everyone has the right to communicate their needs, make choices, and have control in their life, we support you to express your needs and choices, reduce and/or eliminate challenging behaviours.

## Thinking differently about behaviours

Our behaviour support practitioners have trained as occupational therapists, mental health nurses, social workers or developmental educators. All share a passion for supporting people who use challenging behaviours, and each approaches their work with curiosity and compassion. They unpack why these behaviours occur and work with you, and your supports to safely eliminate or reduce restrictive practices and improve the quality of life for everyone.

## Expect that we will:

- Come to where you live, work, play or learn to understand you, the people in your life, and how you spend your time
- Identify when and why challenging behaviours occur
- Discover what will build your skills and confidence enough to reduce those behaviours
- Support those around you with the skills and insights needed to avoid triggering them and using restrictive practices.

## Your PBS Plan

Your journey toward enjoying a more positive life starts with creating an individually tailored Positive Behaviour Support (PBS) plan. Where restrictive practices are used, this will be delivered within 30 days of your initial assessment.

We'll collaborate widely to ensure that you and your support team are all working towards a unified purpose. We'll support you all to understand the plan, and what each needs to do to make it work, everyday.

Your PBS plan will include methods to keep everyone safe, and will be reviewed and updated regularly in consultation with your support team.



If you're ready to take the first step towards more everyday independence, scan the QR code to complete an online enquiry.

[everydayind.com.au](http://everydayind.com.au)

1300 179 131

Monday - Friday, 8am - 6pm

