

WHAT YOU CAN EXPECT

Every day is designed with purpose - balancing support, growth, and enjoyment.

Your Loved One **Deserves This**. Let's Start Together.

Connect With Us

Call us today, ask every question you have, and find out how Care Bound can genuinely change daily life for your family.

📞 1800 961 531

📞 +61 405 956 991

✉ contact@carebound.com.au

🌐 <https://carebound.com.au>

📍 Suite 5/4A Foundry Rd, Seven Hills NSW 2147

🕒 Mon-Fri: 7:30 AM - 7:00 PM
Sat: 9:00 AM - 3:00 PM



Scan To
Save Contact



Building Independence



Skill Building & Learning Opportunities



Confidence & Communication Growth



Social Interaction & Group Engagement



Recreational & Community Experiences



Engaging Centre-Based Programs

Your journey starts here be part of a supportive community that builds confidence and independence.



CareBound
WHERE CARE MEETS COMMUNITY

Your Goals. Your Pace. Your Program.

Disability Support Day Program
Western Sydney



📞 1800 961 531



About Us

We provide a welcoming environment where individuals connect, learn, and grow together. Through meaningful support and shared experiences, we focus on building skills, strengthening confidence, and creating a true sense of community.



Our Values

Community First
where everyone feels connected, included, valued.

Independence
We focus on building confidence, life skills, capability.

Respect & Dignity
Every individual is treated with respect, and genuine care.

Collaboration
We work closely with families and support networks

Our Programs

Two pathways. One community. Built around your.

Active Day Program

Mon-Sat

- Community program
- BBQ & Social Events
- Fitness & Wellbeing
- Games & Skill Building
- Outdoor Walks & Sports
- Gardening
- Community Outings
- Arts & Crafts
- Much More...

Daily Life Skills Program

Until 7PM

- Cooking
- Household Tasks
- Road Safety
- Travel Planning
- Meditation and Yoga
- Decision-making Practice
- Numeracy
- Community program
- Communication

After-School Program - Families, We've Got You

We pickup directly from school, provide engaging afternoon activities, serve a hot dinner, and deliver home safely. Less stress for you. More growth for them.

- Person Centric
- Family as Partner
- Therapist Collaboration

Come as you are. We will grow together from there.

OUR SERVICES

Support for daily living, independence, and community life.



Group & Centre-Based Activities



Community Participation



Life Skills Development



Daily Personal Support



Transport Support



Community Access

You Are the Partner, Not the Parent-Manager.

- ✔ Milestones shared in plain language - no jargon
- ✔ Therapist collaboration with participant consent
- ✔ You'll be involved, not kept in the dark
- ✔ Transport by our own care workers only

Choosing the right day program is one of the most significant decisions a family makes. We don't take that lightly.