

May / June 2024



# NADO Social Club **ACTIVITY GUIDE**

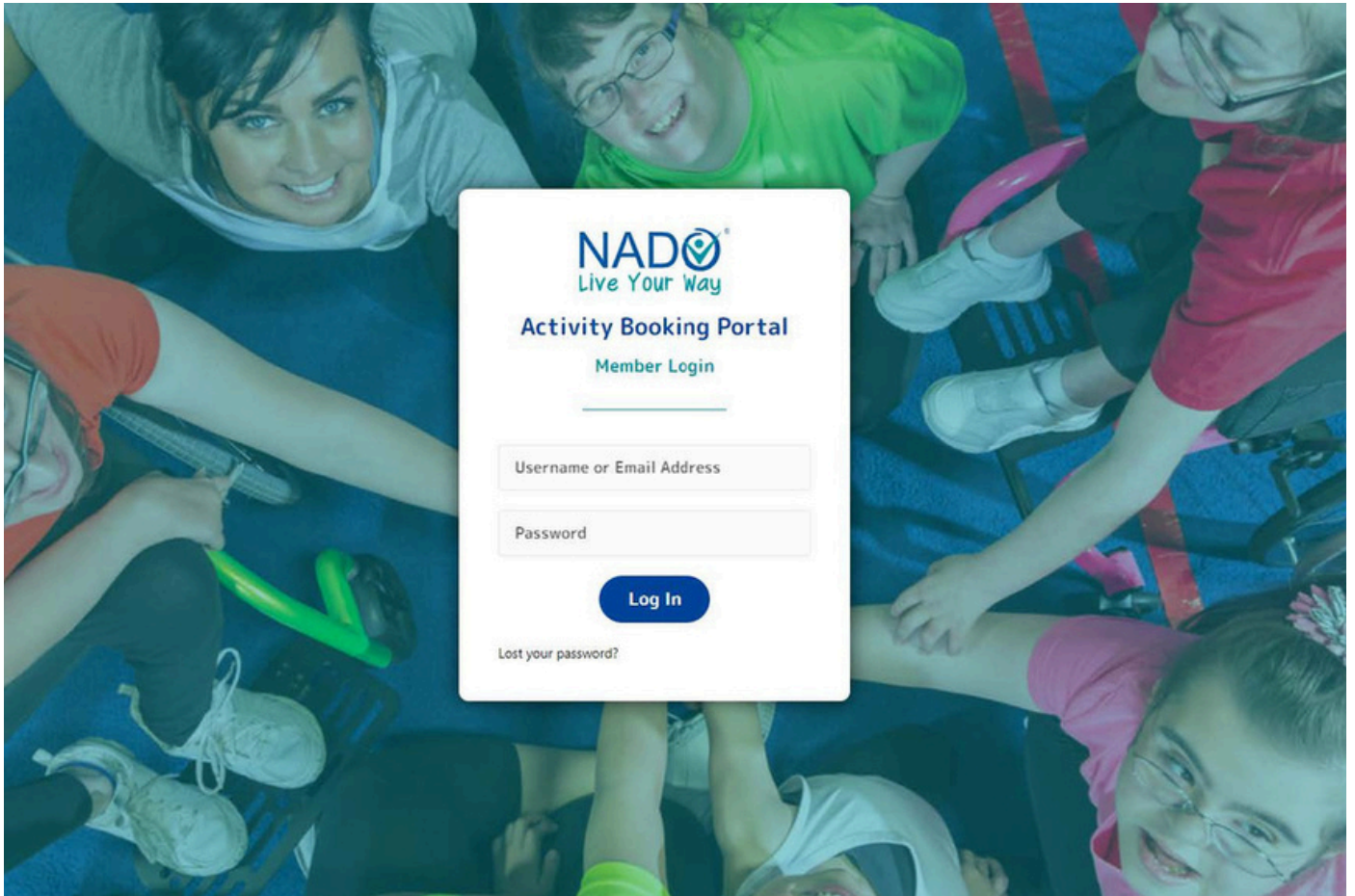
Fun and engaging social experiences for adults with disability

**NADO**®  
Disability Services



SCAN ME

Changing Lives through Connected Communities



## BOOK YOUR ACTIVITY ONLINE

If you are an NDIS Participant and have a current Service Agreement in place with NADO, you can quickly and easily make your bookings online, check upcoming activities and change your account details all in the one convenient location.

- 1 - Just visit [www.activities.nado.org.au](http://www.activities.nado.org.au)
- 2 - Log in with your username and password
- 3 - Select the NSC Calendar
- 4 - Choose your activities
- 5 - Checkout and make payment
- 6 - Receive your booking details via email

If you are new to NADO, please call 1300 738 229 and state that you would like to join our NSC.

Please note: bookings for all activities are essential and will require confirmation from our staff. We are unable to accept people without a confirmed booking. To ensure your bookings are validated please check all of your relevant paperwork is up to date. This includes your NADO Service Agreement, Risk Profile, Medications Form(s) and Management Plans.

# COVID-19 REGULATIONS

- Please do not attend any NSC activity if you have with cold/flu symptoms.
- Participants whom live within the same household as someone with COVID 19 may still attend as long as they are not exhibiting any symptoms.
- NADO staff will take all necessary measures to ensure infection control is at an appropriate standard.
- If you have had COVID19, we request you do not return until symptoms are gone and you have returned a negative RAT test.

## IMPORTANT INFORMATION

At NADO our aim for people who participate in our programs is to have a fun, safe and positive experience. To ensure we have all of the relevant information and to provide the best possible support, we are unable to confirm bookings unless we have a signed NADO Service agreement, Risk Profile, Medications Form(s) and Management Plans.

### BOOKING INFORMATION

Bookings are essential and can be made online at [www.activities.nado.org.au](http://www.activities.nado.org.au). All bookings will close the Friday a week prior to the event and will not be accepted the week of the activity.

Please Note:

Staff support costs will be funded from an individual's NDIS funds (based on staff ratios). Unfortunately, we cannot provide transport to and from the meeting point.

Please be aware we aim to provide high quality care to all people and their individual needs. Limited places are available for 1:1 supports.

### CANCELLATIONS AND EMERGENCIES

If you need to cancel your booking please aim to do so at least 2 days before the activity by calling 1300 738 229 or email [activities@nado.org.au](mailto:activities@nado.org.au). Cancellations made with 2 days or more notice will not attract a cancellation fee for your supports. Fees paid for ticketed events may be refunded or credited if we are able to replace your booking.

For all emergencies or after hours calls (including weekends), please phone 0437 133 579.

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***NSC Members can book online. Non Members please call 1300 738 229.***

# WEDNESDAY 1 MAY

BOOKINGS CLOSE - 02/05/2024



## ZONE BOWLING @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

# THURSDAY 2 MAY

BOOKINGS CLOSE - 02/05/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.

## SATURDAY 4 MAY

BOOKINGS CLOSE - 02/05/2024



### MONSTER TRUCK @ QUDOS BANK ARENA

**Activity Cost:** \$70

**Meeting Time:** 10:00am

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Monster Trucks  
Qudos Bank Arena, 19 Edwin Flack  
Ave, Sydney Olympic Park

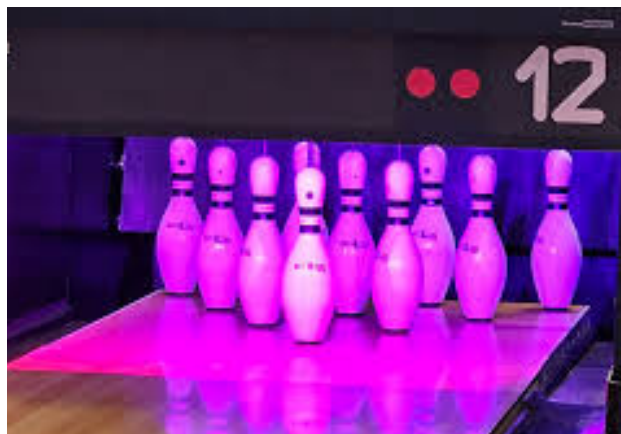
**Pick up Time:** 4:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Money for lunch and  
drinks (approx \$25 - \$35) plus general  
expenses, ID and companion card.

## MONDAY 6 MAY

BOOKINGS CLOSE - 02/05/2024



### ZONE BOWLING @ ROOTY HILL

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
West HQ, 33 Railway St, Rooty Hill

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner,  
snacks and drinks (approx. \$15 - \$35),  
plus general expenses, ID and  
companion card.

## WEDNESDAY 8 MAY

BOOKINGS CLOSE - 02/05/2024



### SOCIAL DINNER @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Yo Loco  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## THURSDAY 9 MAY

BOOKINGS CLOSE - 02/05/2024



### DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.

## FRIDAY 10 MAY

BOOKINGS CLOSE - 03/05/2024



## PANTHERS V's BULLDOGS @ PENRITH

**Activity Cost:** \$45

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** BlueBet Stadium  
Cnr Mulgoa Rd & Ransley St, Penrith

**Pick up Time:** 9:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Money for snacks and drinks (approx \$25 - \$35), ID and companion card.

## SATURDAY 11 MAY

BOOKINGS CLOSE - 04/05/2024



## LAST STAND CHISEL SHOW @ LIVERPOOL

**Activity Cost:** \$45

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Club Liverpool 185  
George St, Liverpool

**Pick up Time:** 11:30pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Money for dinner and drinks (approx \$25 - \$35), ID and companion card.

## WEDNESDAY 15 MAY

BOOKINGS CLOSE - 08/05/2024



### ZONE BOWLING @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## THURSDAY 16 MAY

BOOKINGS CLOSE - 09/05/2024



### DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.



## SATURDAY 18 MAY

BOOKINGS CLOSE - 11/05/2024



### STEAM TRAIN + MUSEUM @ THIRLMERE

**Activity Cost:** \$30

**Meeting Time:** 9.30am

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Steam Train Ride +  
Museum, 10 Barbour Road, Thirlmere,

**Pick up Time:** 4.00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Hat, Sunscreen and a  
water bottle. Money for lunch and  
drinks (approx \$25 - \$35) plus general  
expenses, ID and companion card.

## MONDAY 20 MAY

BOOKINGS CLOSE - 13/05/2024



### ZONE BOWLING @ PENITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for  
dinner, snacks and drinks (approx.  
\$15 - \$35), plus general expenses,  
ID and companion card.

## WEDNESDAY 22 MAY

BOOKINGS CLOSE - 15/05/2024



## SOCIAL DINNER @ PENRITH

**Activity Cost:** \$10

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Momo Nepali  
Cuisine, Shop 8 92-112 Henry St,  
Penrith

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for  
dinner, snacks and drinks (approx.  
\$15 - \$35), plus general expenses,  
ID and companion card.

## THURSDAY 23 MAY

BOOKINGS CLOSE - 16/05/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have  
fun and learn some new moves with  
our exciting new dance class.

**PLEASE NOTE:** Attendees must be  
accompanied by their parent/carer  
and must stay for the duration of the  
class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing  
clothes, shoes, large size towel and a  
bottle of water.

## FRIDAY 24 MAY

BOOKINGS CLOSE - 17/05/2024



## KARAOKE NIGHT @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn to sing some new songs or sing your old favourites.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Your best singing voice and dance shoes

**PLEASE NOTE:** Dinner will be provided.

## SATURDAY 25 MAY

BOOKINGS CLOSE - 18/05/2024



## AIR SHOW @ NEWCASTLE

**Activity Cost:** \$60

**Meeting Time:** 8.00am

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Newcastle Air Show,  
Jack Grant Ave, Central Coast

**Pick up Time:** 4.30pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Hat, Sunscreen, water bottle and a fold up chair. Money for lunch and drinks (approx \$25 - \$35) plus general expenses, ID and companion card.

## WEDNESDAY 29 MAY

BOOKINGS CLOSE - 22/05/2024



## SYDNEY ZOO-GLOW @ EASTERN CREEK

**Activity Cost:** \$30

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Sydney Zoo, 700  
Great Western Hwy, Eastern Creek

**Pick up Time:** 9:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for  
dinner, snacks and drinks (approx.  
\$15 - \$35), plus general expenses,  
ID and companion card.

## THURSDAY 30 MAY

BOOKINGS CLOSE - 23/05/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have  
fun and learn some new moves with  
our exciting new dance class.

**PLEASE NOTE:** Attendees must be  
accompanied by their parent/carer  
and must stay for the duration of  
the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing  
clothes, shoes, large size towel and a  
bottle of water.

# SATURDAY 1 JUNE

BOOKINGS CLOSE - 25/05/2024



## PANTHERS V's ST GEORGE @ PENRITH

**Activity Cost:** \$45

**Meeting Time:** 3:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** BlueBet Stadium  
1 Ranslet Street, Penrith

**Pick up Time:** 9:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Money for dinner, snacks and drinks (approx \$25 - \$35), ID and companion card.

# MONDAY 3 JUNE

BOOKINGS CLOSE - 27/05/2024



## ZONE BOWLING @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## WEDNESDAY 5 JUNE

BOOKINGS CLOSE - 29/05/2024



## SOCIAL DINNER @ PENRITH

**Activity Cost:** \$10

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Tattersalls Hotel,  
95 Station St, Cnr Union Ln, Penrith

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## THURSDAY 6 JUNE

BOOKINGS CLOSE - 30/05/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.

## FRIDAY 7 JUNE

BOOKINGS CLOSE- 31/05/2024



## DISCO NIGHT @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Join us for a fun night of dancing and dinner.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Your best dancing moves & shoes!

**PLEASE NOTE:** Dinner will be provided.

## SATURDAY 8 JUNE

BOOKINGS CLOSE - 01/06/2024



## LUKE COMBS TRIBUTE SHOW @ PENRITH

**Activity Cost:** \$50

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Luke Combs,  
Penrith Panthers- Evans Theatre  
123 Mulgoa Road, Penrith

**Pick up Time:** 11:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## WEDNESDAY 12 JUNE

BOOKINGS CLOSE - 05/06/2024



## ZONE BOWLING @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## THURSDAY 13 JUNE

BOOKINGS CLOSE - 06/06/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.



## SATURDAY 15 JUNE

BOOKINGS CLOSE - 08/06/2024



### VIVID LIGHTS @ SYDNEY

**Activity Cost:** \$20

**Meeting Time:** 4.00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Vivid Lights,  
Circular Quay, Sydney

**Pick up Time:** 10.30pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Warm jacket. Extra money for dinner, snacks, drinks, (approx. \$15 - \$35), plus general expenses, ID and companion card.

## MONDAY 17 JUNE

BOOKINGS CLOSE - 10/06/2024



### ZONE BOWLING @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## WEDNESDAY 19 JUNE

BOOKINGS CLOSE - 12/06/2024



## SOCIAL DINNER @ KINGS PARK

**Activity Cost:** \$10

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Marayong Hotel,  
6 Cobham St, Kings Park

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## THURSDAY 20 JUNE

BOOKINGS CLOSE - 13/06/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.

## FRIDAY 21 JUNE

BOOKINGS CLOSE - 14/06/2024



### DISCO NIGHT @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Join us for a fun night of dancing and dinner.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Your best dancing moves & shoes!

**PLEASE NOTE:** Dinner will be provided.

## SATURDAY 22 JUNE

BOOKINGS CLOSE - 15/06/2024



### THE FROCKS @ PENRITH

**Activity Cost:** \$15

**Meeting Time:** 5.00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** The Frocks,  
Penrith RSL, 8 Tindale St, Penrith

**Pick up Time:** 11.00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Warm jacket. Extra money for dinner, snacks, drinks, (approx. \$15 - \$35), plus general expenses, ID and companion card.

## WEDNESDAY 26 JUNE

BOOKINGS CLOSE - 19/06/2024



## ZONE BOWLING @ PENRITH

**Activity Cost:** \$20

**Meeting Time:** 5:00pm

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Zone Bowling  
62/72 Batt St, Jamisontown

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Extra money for dinner, snacks and drinks (approx. \$15 - \$35), plus general expenses, ID and companion card.

## THURSDAY 27 JUNE

BOOKINGS CLOSE - 20/06/2024



## DANCE TO INSPIRE @ ST MARYS

**Activity Cost:** \$15

**Meeting Time:** 6:00pm

**Meeting Address:** NADO Head Office  
28 Gidley Street, St Marys

**Activity Details:** Get ready to have fun and learn some new moves with our exciting new dance class.

**PLEASE NOTE:** Attendees must be accompanied by their parent/carer and must stay for the duration of the class. No transport provided.

**Pick up Time:** 8:00pm

**Pick up Address:** NADO Head Office  
28 Gidley Street, St Marys

**What to bring:** Comfortable dancing clothes, shoes, large size towel and a bottle of water.

**SATURDAY 29 JUNE**  
**BOOKINGS CLOSE - 22/06/2024**



## **MOWBRAY FARM @ PICTON**

**Activity Cost:** \$55

**Meeting Time:** 7.30am

**Meeting Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**Activity Details:** Mowbray Park  
Famstay, 745 Barkers Lodge Rd,  
Picton

**Pick up Time:** 3.30pm

**Pick up Address:** NADO Riverside  
40-42 Bruce Neale Drive, Penrith

**What to bring:** Hat, Sunscreen and a water bottle. Money for lunch and drinks (approx \$25 - \$35) plus general expenses, ID and companion card.





# Short & Medium Term Accommodation

Professional respite care for NDIS Participants

AVAILABLE 7 DAYS A WEEK

A home away from home for people with disability supported by qualified staff in a comfortable and safe environment.

- ✓ Modern housing with air conditioning
- ✓ Outdoor relaxing areas
- ✓ TV's in each bedroom
- ✓ All meals included
- ✓ Fun and enjoyable activities
- ✓ Close to transport and shops
- ✓ Fully accessible facilities
- ✓ Guest welcome pack
- ✓ Winmalee - Lower Blue Mountains



**NADO Disability Services**  
 For Accommodation options, enquiries or bookings call **1300 738 229**,  
 email [info@nado.org.au](mailto:info@nado.org.au) or visit [www.nado.org.au](http://www.nado.org.au)





*Changing Lives through Connected Communities*

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