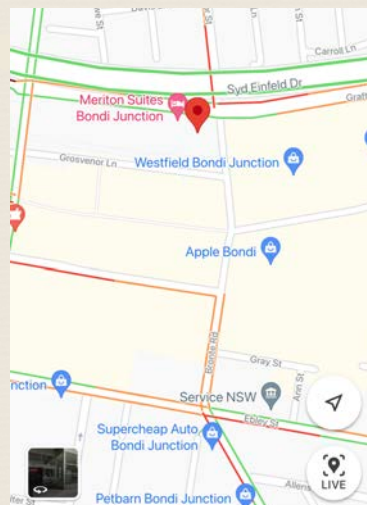


May each child feel valuable,  
seen and heard. May their  
curiosity be nurtured so that  
they can share their journey and  
we can support their curiosity to  
lead to growing, learning and  
thriving in their own unique  
way. Attaching meaning to the  
functions that bring joy each  
day.



## LOCATION



We are located inside the  
Meriton Serviced Apartments &  
Commercial Suites Building  
Travel in the lifts to Level 2 before  
finding us at the end of the hall. We  
look forward to seeing, sharing &  
connecting with you.

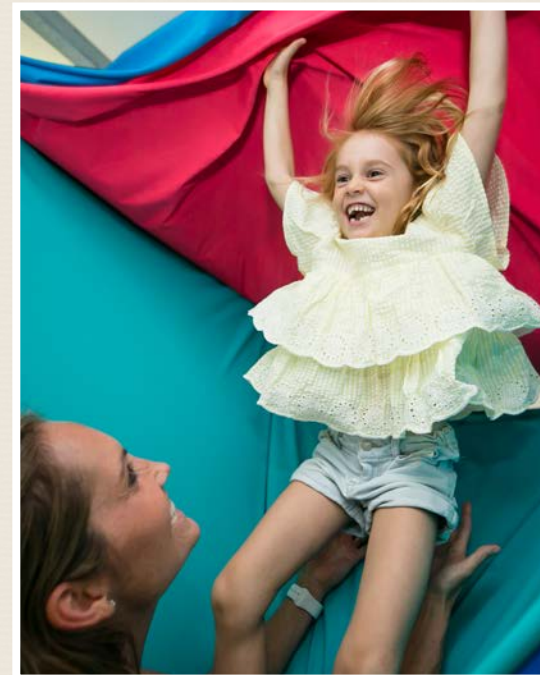
ACTIVE OT FOR KIDS  
Suite 13, 97 Grafton Street, Bondi Junction,  
NSW, 2022.

P: 0293691957

W: [www.activespot.com.au](http://www.activespot.com.au)

Facebook & Instagram: activeot4kids

## ACTIVE OT FOR KIDS CALENDAR: JANUARY 2022



We value the importance of  
attaching meaning to all we do. It  
is through curiosity, exploration  
and connection that we all learn,  
grow and adapt. Developing skills





*Through connection to ones self, nature and each other we find meaning and joy in what we do.*

Every child has a story, precious and unique to them. Some parts of the story bring challenges, some lessons, and some fuel the light inside to thrive and shine. As therapists we seek to walk alongside each child, parent, carer and community. First to understand their story, their journey and their hopes. Then we hope to hold space for parts of the story that can be let go; share moments of connecting and growth; and guide the feeling and believing in oneself for the journey forth. Active OT for Kids would like to acknowledge the traditional custodians of the land with which we work, play and share. We would like to pay our respects to the ancestors, past, present and emerging, who are the keepers of the stories and sharers of the culture. May we walk softly on this land.

# ACTIVE OT FOR KIDS CALENDAR

## DECEMBER 2021 - JANUARY 2022

We value the importance of attaching meaning to all we do. It is through curiosity, exploration and connection that we all learn, grow and adapt. Developing skills for life: body, mind & spirit.



### CAMP RESET: NSW

**\$3190.00**

Specialised trauma-responsive camp for children 7-13 years presenting with challenges associated to a trauma-response. 16 children travel with 8 therapists, to an off grid location (Seal Rocks); participating in a journey of connection: to self, nature, culture and each other. Exploring, engaging and problem solving in a beach and bush location without technology.

12th - 16th December: Departing Bondi Junction & Newcastle



*Ocean and surf therapy experiences*



*Sensory exploration and story telling*

### CAMP RESET: ACT

**\$3190.00**

Specialised trauma-responsive camp for children 7-13 years presenting with challenges associated to a trauma-response. 16 children travel with 8 therapists, to an off grid location (Adjungbilly); participating in a journey of connection: to self, nature, culture and each other. Exploring, engaging and problem solving in a beach and bush location without technology.

17th - 21st January: Departing Canberra



*Creek side challenges*



*Problem solving and sharing joy*

### CAMP RESET: JUNIOR

**\$1050.00**

6 Children venture with 2 therapists on a daily discovery. In a place of curiosity children attach meaning to learning new skills - of function, social connection and emotional regulation. This group goes on a journey to explore, create and connect through sensory motor experiences, emotional expression & problem solving.

10th - 13th January: 9am - 1pm: La Perouse



*Building and exploring sensation*



*Climbing and listening to stories*





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# ACTIVE OT FOR KIDS CALENDAR

## DECEMBER 2021 - JANUARY 2022

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### OT WALKABOUT: \$995.00

9 children venture off with 3 therapists on a journey of connection. Now more than ever there is a huge need for children to feel: connected (off their screens), supported and build their skills of resilience. This group heads off track, exploring, problem solving and engaging in sensory, emotional and cognitive experiences.

11th - 14th & 24th - 28th January: 2:00pm - 4:30pm: La Perouse



*Cooking and sharing*



*Swimming and engaging in challenges*

### TRAUMA-RESPONSIVE INTENSIVE: \$2280.00\*

When a child perceives threat around and within them their responses are driven to survive, limiting their ability to thrive and connect. This trauma-responsive intensive supports each child in a one on one space through relationship, sensory, emotional and cognitive integration. Therapy follows a framework of exploring, moving, connecting and releasing. Daily 1 hour therapy (1 - 2 times per day) \*Price varies depending on number of sessions



*Organising and orientating to the environment*



*Expressing and letting go*

### HOLIDAY INTENSIVE THERAPY: \$2280.00\*

Children seek to learn, grow and connect. If this is not so then may we be detectives into why and support shifting barriers and building foundations so that each child can feel empowered, capable and attach meaning to functional engaging skills for life. This intensive therapy integrates connection, exploration and joyful function into learning and doing. Daily 1 hour therapy (1 - 2 times per day) \*Price varies depending on number of sessions



*Moving and integrating with timing*



*Generating and communicating ideas*