

School Holidays Schedule

*schedule includes the pick-up and drop-off time



Art moment in Ability Skill-mate (Centre Based Activity)

We will be doing various fun art activities in the centre and socialising with other participants. This session teaches participants arts and crafts such as watercolour, ink and oil painting, various styles of drawing such as portraits, landscapes or inanimate objects

April 5, 2021 (Monday)

9:30 AM - 2:30 PM

33 Lexington Drive, Bella Vista, NSW, 2153

Ticket Cost: Free

Zone Bowling

The group will be going to learn how to play bowling and do fun social activities together!

April 6, 2021 (Tuesday)

10:00 AM - 4:00 PM

**Shop 4011 Westpoint/17 Patrick St,
Blacktown NSW 2148**

Ticket Cost: \$6.50 per game



Funday in the centre (Centre Based Activity)

The group will enjoy centre-based activities as we teach them how to take care of a plant. Participants will have the opportunity to have their plants and monitor their growth. Participants will learn to be responsible and this is a progressive and rewarding activity. And a dancing activity will be held afterwards

April 7, 2021 (Wednesday)

9:30 AM - 2:30 PM

33 Lexington Drive, Bella Vista, NSW, 2153

Ticket Cost: Free



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Taronga Zoo

It will be a fun day at the zoo and strolling the day in this amazing park. Participants will have group activities while enjoying the amazing view in the park!

April 8, 2021 (Thursday)

10:00 AM - 4:00 PM

Bradleys Head Rd, Mosman NSW 2088

Ticket cost: \$26.10

Master Chef in Ability Skill-mate (Centre Based Activity)

Participants will enjoy the day learning the basics of preparing and cooking healthy food. The sessions will be carried out through demonstrations by our social educators and hand-on experience for our participant which is interactive and informative for them.

April 9, 2021 (Friday)

9:30 AM - 2:30 PM

33 Lexington Drive, Bella Vista, NSW, 2153

Ticket Cost: Free



Australian Museum

Get the chance to see this amazing museum with various exhibit themes and enjoy sensory activities during this tour.

April 12, 2021 (Monday)

10:00 AM - 4:00 PM

1 William Street Sydney NSW 2010 Australia

Ticket Cost: Free



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Monkey Baa Theatre Company

Participants will be guided by a professional teaching artist in a fun + funny movement and voice workshop based on the themes and characters during the activity

April 13 2021 (Tuesday)

9:30 AM - 2:30 PM

ARA Darling Quarter Theatre, Terrace 3, 1-25 Harbour St, Sydney NSW 2000

Ticket Cost: Free

Create your own Theatre in Ability Skill-Mate (Centre Based Activity)

It will be a drama based activity for participants to take part in different roles and duties. It may include dancing, posture, singing, acting or speaking up. It can encourage our participants to express themselves and cooperate with others as a team with different responsibilities.

April 14, 2021 (Wednesday)

9:30 AM - 2:30 PM

33 Lexington Drive, Bella Vista, NSW, 2153

Ticket Cost: Free



Funday in the centre (Centre Based Activity)

For this day will bring our favourite book and form a book club. Our aim for this activity is to improve social communication and interaction, as well as the reading comprehension of our participants. Afterwards, we will engage in some group activity which involves various games or quizzes to stimulate participants' brains to learn and think. It may include card or board games.

April 15, 2021 (Thursday)

9:30 AM - 2:30 PM

33 Lexington Drive, Bella Vista, NSW, 2153

Ticket Cost: Free



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Museum of Contemporary Art (MCA) Australia - Bella Program

The group will be welcomed to the MCA and introduced to contemporary art through playful and multi-sensory activities. Participants will have the opportunity to experiment with a variety of materials and processes to creatively share their experiences. The program includes a gallery visit and studio session.

April 16, 2021 (Friday)

10:00 AM - 4:00 PM

140 George St, The Rocks NSW 2000

Ticket Cost: Free

1. Activity confirmation will be sent once minimum numbers have been reached. Note that a minimum of 3 participants should be required for any activity to proceed. Once confirmed, brief information will be sent to all participants who express their intent to participate in the activity which is prior to the day of the activity.
2. Don't forget to bring your companion card, opal card, lunch food or money, or any essentials that may be needed for any activity during that day
3. Prices are based on the current NDIS price guide. The support ratio will depend on what type of support a participant may need for any activity.
4. When you need to cancel a confirmed booking, please contact directly Ability Skill-mate at 0492 987 242 / info@abilityskillmate.com.au and give at least 24 hours notice.
5. If the event has a ticketed entrance where the entry has been purchased prior to the activity date, an invoice will be sent to you for the cost of it. The invoice of the ticket will need to be paid before we purchase them on your behalf. If you are unable to attend after the tickets have been purchased you are still liable for the cost.
6. We will always continue the social distancing requirements to protect the participants' health. We will always be following hygiene and infection control measures.